

2008 PLAY THERAPY WORKSHOPS

PRESENTED BY THE UNIVERSITY OF MISSISSIPPI

SCHOOL OF EDUCATION

IN CONJUNCTION WITH THE



**DIVISION OF
OUTREACH AND
CONTINUING
EDUCATION**

The University of Mississippi School of Education in conjunction with the Division of Outreach and Continuing Education offers a one-year training program to provide professionals the opportunity to learn more about play therapy and to receive the training necessary to become a Registered Play Therapist (RPT). The training workshops begin March 2008 and are completed December 2008. There will be ten Saturday trainings providing 8.5 contact hours per Saturday and an opportunity to enroll at the University of Mississippi for a one-week intensive course in Advanced Play Therapy which provides 67.5 contact hours. Professionals completing the entire year of workshops will have a total of 152.5 contact hours. For further clarification of requirements for becoming a Registered Play Therapist, please review the information on the Association for Play Therapy webpage at www.a4pt.org.

The University of Mississippi School of Education's Department of Leadership and Counselor Education is an APT-Approved Provider 07-212 and maintains responsibility for the program. Continuing Education Credits (CEUs) are approved for social workers, professional counselors and educators through the University of Mississippi.

Workshops will be held in the UM Student Union Building on the 4th floor.

The cost of each workshop is \$175 for professionals and \$75 for students verifying enrollment in a college or university. You may receive a 20% discount if you pay for all ten workshops at the time of initial registration. Checks, money orders, Visa, MasterCard and schools' purchase orders are acceptable forms of payment.

Children are brought in to play therapy to safely address and resolve their problems.

FACULTY

Marilyn S. Snow, Ph.D., NCC, LPC, and Registered Play Therapist-Supervisor

Dr. Snow is an Associate Professor in Leadership and Counselor Education at the University of Mississippi and the Executive Director of the Oxford Play Therapy Training Institute. She is also Chair of the Ethics Committee of the Association for Play Therapy and a member of the Clinical Communications Committee, a committee designed to assess materials published in the *Play Magazine*. She is on the editorial board of the *International Journal of Play Therapy*. Dr. Snow is the founder and past president of the Mississippi Association for Play Therapy. She has worked in the area of trauma and child abuse for the past 20 years and has specialized in play therapy for the past 10 years. She has multiple publications on play therapy in several scholarly journals and has presented for the past eight years at the Annual Conference of the Association for Play Therapy. Dr. Snow is currently developing an integral approach to counseling children and has developed an instrument that assesses patterns of relating and attachment styles in adults.

Franc Hudspeth, R.Ph., M.Ed., NCC, LPC, ACS, and Registered Play Therapist-Supervisor

Franc is the Assistant Executive Director at the Oxford Play Therapy Training Institute and the President of the Mississippi Association for Play Therapy. He has been working with children using play therapy since 2002. He has experience in drug and alcohol counseling and four years of experience in research in social psychology. Franc has been a registered pharmacist since 1989 and is currently working on his Ph.D. in Counselor Education and Supervision at the University of Mississippi. His research interests include understanding play behaviors and developing reliable methods for distance supervision.

FACULTY, continued

Jenny Rayner, M.S., LPC, NCC, and Registered Play Therapist-Supervisor

Jenny is the Clinical Director at the Oxford Play Therapy Training Institute. Her area of specialty is attachment disorders and child/parent relationships. She has counseled children in both school and community settings since 2001. She is currently completing her Ph.D. in Counselor Education and Supervision at the University of Mississippi. She is a member of the Association for Play Therapy and is president-elect of the Mississippi Association for Play Therapy. Jenny's clinical and research interests are attachment-related issues and play therapy.

Kevin B. Stoltz, Ph.D., NCC, LPC

Dr. Stoltz is an Assistant Professor in Leadership and Counselor Education at the University of Mississippi. He teaches and researches in the area of career development and is exploring play therapy as an intervention in the career development of children. Dr. Stoltz was trained in play therapy at Georgia State University and is currently using play therapy with the University of Mississippi School Counseling Support Program at Lafayette County Schools in Oxford, Mississippi.

In play children can show others things that
are **too complicated** to say.

TO REGISTER FOR WORKSHOPS

Go to our website at www.outreach.olemiss.edu/ProfDev/counselors. Download the registration form and return it to the Division of Outreach and Continuing Education at least 2 weeks prior to the start date of the workshop for which you are registering, or click (register) and submit your online registration form.

* *You may receive a 20% discount if you pay for all ten workshops (not including the one-week intensive workshop) at the time of initial registration.*

WORKSHOP I – Introduction and Theoretical Approaches **March 8, 2008** – (Saturday, 8:00 a.m. - 6:00 p.m.)

In 1947, Virginia Axline wrote the first book on Play Therapy which established standards for working with children in a playroom setting. Over the past sixty years, various theoretical approaches have been used to counsel children using play therapy. Research indicates that play therapy is a developmentally appropriate way to counsel children. This first workshop will introduce the principles of play therapy, the history of play therapy and a brief overview of theoretical approaches.

Objectives:

- Participants will learn the definition and principles of play therapy.
- Participants will learn the history of play therapy.
- Participants will learn the different theoretical approaches of play therapy.
- Participants will learn how play therapy is developmentally appropriate.
- Participants will learn about the research findings of play therapy.

WORKSHOP II – *Logistical Aspects of Play Therapy & Skills I*

April 5, 2008 – (Saturday, 8:00 a.m. - 6:00 p.m.)

Play therapy techniques are based on specific logistical aspects which provide a structure for children in playrooms. Along with the logistical aspects, basic skills are necessary for play therapists so as to provide appropriate environments for children. This workshop will present the logistics of play therapy, the personality traits necessary for play therapists and the skills of tracking and restating. Participants will be able to practice these basic skills through viewing of play sessions on video.

Objectives:

- Participants will learn how to conceptualize play therapy and the playroom.
- Participants will learn how to determine the appropriateness of play therapy for particular children.
- Participants will learn how to determine their appropriateness for working with children as a play therapist.
- Participants will learn how to appropriately track children in a playroom.
- Participants will learn how to appropriately restate content in a playroom.

WORKSHOP III – *Skills II*

April 26, 2008 – (Saturday, 8:00 a.m. - 6:00 p.m.)

Continuing to develop appropriate skills with children in a playroom is an important aspect of effective play therapy. This workshop provides an opportunity to learn more basic skills in the playroom. The skills of reflecting feeling, setting limits, returning responsibility and asking questions will be presented. Participants will be able to practice these skills through viewing of play therapy sessions on video.

Objectives:

- Participants will learn how to reflect feelings in a playroom.
- Participants will learn how to set limits in a playroom.
- Participants will learn how to return responsibility in a playroom.
- Participants will learn how to ask appropriate questions in a playroom.

WORKSHOP IV – *Playroom Setup, Problems & Portable Play*

May 31, 2008 – (Saturday, 8:00 a.m. - 6:00 p.m.)

In order to provide appropriate play therapy for children, it is necessary to set up a playroom with specific toys and in a specific manner. If a clinician does not have the space for setting up a room dedicated to play therapy, the clinician may be able to provide play therapy with the use of a portable play setup. With a room of toys and other expressive objects, play therapists are often confronted with problems in the playroom. This workshop will provide information on how to set up a playroom or what toys are necessary for portable play. The workshop will also discuss the problems that can be encountered in the playroom and how to address those problems.

Objectives:

- Participants will learn how to set up a playroom and what toys are necessary for appropriate expression.
- Participants will learn what is necessary for a portable playroom.
- Participants will learn how to manage play sessions when using a portable playroom.
- Participants will learn how to handle specific problems in the playroom.

WORKSHOP V – *Understanding Play Behavior*

June 21, 2008 – (Saturday, 8:00 a.m. - 6:00 p.m.)

When working with children, the play therapist will experience a variety of play behaviors. The significance of the particular play behavior is a vital component of the expression of the child's problems and child's experiences. Understanding play behavior is one of the most important components of counseling children through play therapy. This workshop will present the variety of play behaviors through presentations of videotaped play sessions.

Objectives:

- Participants will learn how to identify different play behaviors.
- Participants will learn to determine the significance of the play behaviors.
- Participants will learn how thoughts are expressed through play behaviors.
- Participants will learn how emotions are expressed through play behaviors.

TO REGISTER FOR THE ONE-WEEK INTENSIVE COURSE

Registration for this workshop involves a two-stage process that may be undertaken simultaneously: (1) admission to the University of Mississippi as a graduate or undergraduate student, and (2) enrollment in the workshop of your choice. The Office of Summer School alone may enroll you in a workshop, but we cannot do this officially until you have been admitted to the University as a student—which is your responsibility.

Participants are encouraged to enroll as students at the University of Mississippi for the **2008 Full Summer Term** in order to take a workshop and receive academic credit for it.

* *In order to assist workshop participants who are admitted as graduate students (both degree-seeking and nondegree-seeking students), two types of graduate scholarships are offered.*

For more information about this intensive workshop: www.outreach.olemiss.edu/summer/teacher_workshop

ONE-WEEK INTENSIVE COURSE – ADVANCED PLAY THERAPY (COUN 593)

July 21 – 25, 2008 – (Monday - Friday, 8:00 - 5:00 p.m.)

This course is a comprehensive overview of theoretical foundations of play therapy. Students will learn various theories and will be expected to assimilate theory into their work with children. Students will present a video case study and will be required to frame their work within a specific theoretical base. The course will provide specialized training in specific areas of concerns, such as trauma, selective mutism, aggressive children, etc. The course will also provide experiences in techniques used in play therapy such as art work and sandplay. Also, the course will provide an overview of current issues of concern in play therapy such as parental attachment, oppositional behavior and conduct disorders. A special emphasis will be placed on the student's integrating the various theories and perspectives along with the biological, cultural and systemic influences on children.

Objectives:

- Participants will learn how to understand and articulate the theoretical foundations of play therapy.
- Participants will learn how to incorporate a theoretical perspective in their clinical work with children.
- Participants will learn how to assess and address legal and ethical issues in play therapy.
 - Participants will learn how to assess attachment issues and how to work with parents on attachment issues.
 - Participants will learn how to handle special issues in play therapy.

WORKSHOP VI – *Pharmacology and Play Therapy*

August 16, 2008 – (Saturday, 8:00 a.m. - 6:00 p.m.)

Each year we see more and more children being medicated for behavioral and emotional issues. It often seems that a psychopharmacological treatment is considered prior to a counseling intervention. With little control over this, it is our job as Play Therapists to understand the potential indications for medications and any subsequent effect on child behavior. Whether the medication's effect is intended or is a side effect, there will be a change in the way a child presents. The purpose of this workshop is to take a look at common psychopharmacological treatments and their impact on behavior both in and out of the playroom.

Objectives:

- Participants will learn the various medication classifications.
- Participants will learn the neurochemical mechanism of action of medications.
- Participants will learn how medication effects behavior, especially play behavior.
- Participants will learn various medicinal treatments for childhood disorders.
- Participants will learn current issues surrounding the use of medications with children.

WORKSHOP VII – *Diagnosis and Recordkeeping in Play Therapy*

September 27, 2008 – (Saturday, 8:00 a.m. - 6:00 p.m.)

The unique methods of play therapy require clinicians to assess and diagnose children in a particular manner. Record keeping and treatment plans are distinctive to play therapy. This workshop will discuss diagnostic techniques in a play therapy setting, assessment methods for determining the presenting problems, along with a special form for recording play therapy sessions. It will also provide information on intake methods that assist the therapist in assessing the needs of the child outside the playroom. A more integral approach to working with the child will be presented.

Objectives:

- Participants will learn how to determine the presenting problems through intakes and play behavior.
- Participants will learn how to diagnose children for managed care purposes.
- Participants will learn what is necessary to assure an integral intake with parents and others in the child's life.
- Participants will learn how to analyze information from all aspects of the child's life in order to design effective treatment plans.

WORKSHOP VIII – *Themes and Coding in Play Therapy*

October 18, 2008 – (Saturday, 8:00 a.m. - 6:00 p.m.)

Over the past ten years, Helen Benedict at Baylor University in Texas has been developing a coding system for play themes of children in the playroom. Using the play themes of Benedict has provided a consistent method for play therapists—a language of play that can be used for research and court proceedings. This workshop provides the participants an opportunity to learn Benedict’s themes, how to use the themes in research and how to explain themes to others such as parents, school personnel and lawyers. Participants will learn how to code themes by practice through video presentations.

Objectives:

- Participants will learn Benedict’s Themes in play therapy
- Participants will learn how to code themes in play therapy.
- Participants will learn the meaning of themes in play therapy.
- Participants will learn how to explain the meaning of themes to others.

WORKSHOP IX – *Art and Expressive Play Therapies*

November 8, 2008 – (Saturday, 8:00 a.m. - 6:00 p.m.)

Children frequently choose activities in the playroom that incorporate expressive arts such as drawings, painting, puppets, music and drama. This workshop will focus on expressive arts in the playroom including an experiential component that allows participants to participate in expression of emotions through art forms. The meaning of drawings, certain figures in the sand trays and the meaning of the tactile materials will be discussed.

Objectives:

- Participants will learn how to assess drawings of children in the playroom.
- Participants will learn how to assess the use of tactile materials.
- Participants will learn how to assess the choice of figures for sand trays.
- Participants will learn how to incorporate puppets, music and drama in the playroom.

WORKSHOP X – Parent-Child Play Therapy & Theraplay

December 6, 2008 – (Saturday, 8:00 a.m. - 6:00 p.m.)

Research indicates that parents can incorporate play therapy techniques with their children, which builds a healthier parent-child relationship. This workshop provides techniques and strategies for filial play therapy. Demonstrations of filial play therapy will be provided through videotaped sessions. Research also indicates that children who are experiencing attachment issues may benefit from play therapy sessions that include specific activities to incorporate the parent into the sessions. A brief introduction of Theraplay, a method for working with children who have attachment disorders, will be included.

Objectives:

- Participants will learn how to incorporate the parent into play sessions.
- Participants will learn how to assist the parent in play sessions in the home.
- Participants will learn how to assess attachment issues with both the child and parent.
- Participants will learn how Theraplay can be used in attachment disorders.

To register:

www.outreach.olemiss.edu/ProfDev/counselors



The University complies with all applicable laws regarding affirmative action and equal opportunity in all its activities and programs and does not discriminate against anyone protected by law because of age, color, disability, national origin, race, religion, sex, sexual orientation, handicap, or status as a veteran or disabled veteran.

For more information, contact:

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